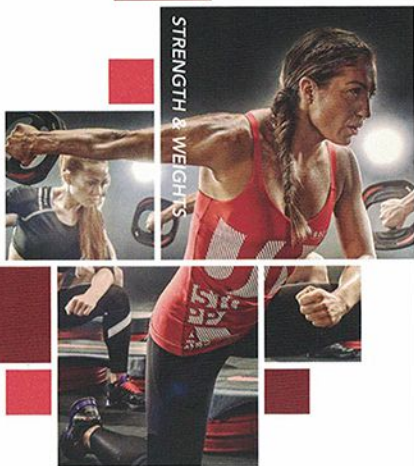


CLASS PASS

STRENGTH & WEIGHTS



GET LEAN,
TONED AND
STRONG

LES MILLS
BODYPUMP

JOIN US!

We're so excited you're here! Taking the first step is the hardest part, but you're in great hands. If it's your first time, all you need to bring is yourself! Just introduce yourself to your instructor and they will get you set up for class. Enjoy your workout!

NAME:

EMAIL:

PHONE:

ADDRESS:

OFFER DETAILS:

Working out together works wonders. Read more about the effect that working out in a group can have on your fitness goals by visiting lesmills.com/smartstart

Restrictions may apply.
See front desk for details.

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